LIBERAL STUDIES: Humanities/Social Science

Health Studies Program Sequence B *(NEW! Starting Fall 2016)*
Required credits: 18

**Introductory Level Course: 3 credits**
*Choose one from*:
- HPW 00210 Foundations of HPWM
- NUT 00230 Introduction to the Nutrition Professions
- HPE 00286 Teaching in Learning Communities II Foundations of Teaching Health and Physical Education *(prerequisite Teaching in Learning Communities I)*
- ATR 00105 Introduction to Athletic Training
- HPE 00252 Foundations of Fitness

**Advanced Level Courses: 12 credits**
*Choose 12 credits from any courses offered by the Department of HES (designated with the following prefixes: ATR, HES, HLT, HPE, HPW, and NUT).*

**Senior Level Capstone: 3 credits**
*Choose one 300/400 level course offered by the Department of HES (designated with the following prefixes: ATR, HES, HLT, HPE, HPW, and NUT).*

*If an HES course has a prerequisite requirement, it will not be waived and must be completed in order for students to take the desired course.*