

**LIBERAL STUDIES: Humanities/Social Science**

**Health Studies Program Sequence B (NEW! Starting Fall 2016)**

Required credits: 18

**Introductory Level Course: 3 credits**

Choose **one** from\*:

HPW 00210	Foundations of HPWM
NUT 00230	Introduction to the Nutrition Professions
HPE 00286	Teaching in Learning Communities II Foundations of Teaching Health and Physical Education ( <i>prerequisite Teaching in Learning Communities I</i> )
ATR 00105	Introduction to Athletic Training
HPE 00252	Foundations of Fitness

**Advanced Level Courses: 12 credits**

Choose **12 credits** from any courses offered by the Department of HES (designated with the following prefixes: ATR, HES, HLT, HPE, HPW, and NUT).\*

**Senior Level Capstone: 3 credits**

Choose **one** 300/400 level course offered by the Department of HES (designated with the following prefixes: ATR, HES, HLT, HPE, HPW, and NUT).\*

*\*If an HES course has a prerequisite requirement, it will not be waived and must be completed in order for students to take the desired course.*